

Cryptograms

CRYPTOGRAM 01

E
 O T J V R C G M P G M G K V X B O W U Q V M U
 B G M U O T J V R C G M P W I R G E B G X J
 E
 Y T W R J W X U R C G K C M C V R C V M C X W M P
 V P W G M C G E O W W L F J V K J G E J H J T Q
 E R J F X W M P V P W G M H G J R M V B X W M P
 V P W .

FREQUENCY

G	M	W	V	J	C	P	R	X	B	E	O	T	U	K	F	H	Q	I	L	Y	
13	13	12	11	10	8	8	8	6	4	4	4	4	4	3	2	2	2	2	1	1	1
11%	11%	10%	9%	8%	7%	7%	7%	5%	3%	3%	3%	3%	3%	2%	2%	2%	2%	1%	1%	1%	

CIPHER KEY

B	C	E	F	G	H	I	J	K	L	M	O	P	Q	R	T	U	V	W	X	Y
							E													

- Thich Nhat Hanh

NOTES

CRYPTOGRAM 02

E E E E
 A V U P R M V E K R P W V P I Q O V
 E E E E
 V O V W E D Y Q L Z Q M S K M M Q A I V H W K D V
 K I J D Y Q U Y L Y P D Y P L Y I K L Z P Z K
 Q L Y Q M A K K X M I K L Z P Z K Q L
 E E E E
 O Q V D L P C Q L D Y V D H V L D Q V D Y
 E
 U V L D R W E I K L Z P Z K I K L Z P Z K I K L Z
 P Z K I K L Z P Z K .

FREQUENCY

K	L	V	Z	P	Q	D	I	Y	M	W	A	E	O	R	U	H	C	J	S	X
18	15	13	13	12	11	10	9	9	6	4	3	3	3	3	3	2	1	1	1	1
13%	11%	9%	9%	9%	8%	7%	6%	6%	4%	3%	2%	2%	2%	2%	2%	1%	1%	1%	1%	1%

CIPHER KEY

A	C	D	E	H	I	J	K	L	M	O	P	Q	R	S	U	V	W	X	Y	Z
																E				

- Thich Nhat Hanh

Cryptograms

CRYPTOGRAM 03

E E E E
 O W H O K W D S J W S D S X P Y R A W
 E E E E
 K W Y Y R B M M H H T Y D W R X E N T T W X R B M
 E E E E
 H N Y H T S T W S X H T Y D W N B C B H G B
 E E E E
 Y D W Q O X W T W X E N T T W X R B M Y D S Y R E
 E
 T S A R K R S X G X H Y W H K P Y D R L D B D S Y
 D S B D K H B M S M H .

FREQUENCY

W	Y	D	H	S	T	B	R	X	M	K	N	E	O	A	G	P	C	J	L	Q	
14	12	11	11	11	10	9	9	9	6	5	4	3	3	2	2	2	2	1	1	1	1
11%	9%	9%	9%	9%	8%	7%	7%	7%	5%	4%	3%	2%	2%	2%	2%	2%	1%	1%	1%	1%	

CIPHER KEY

A	B	C	D	E	G	H	J	K	L	M	N	O	P	Q	R	S	T	W	X	Y
																		E		

- Thich Nhat Hanh

NOTES

CRYPTOGRAM 04

E E E E
 I W L Z L Z V Y I N T Y S G Z V O P I W L Z
 E E E E
 K W Y D P Z S T K W Y R W O W I O Z Z R I W L Z
 E E E E
 V J J Z E I Z R L K W I A Z D P K W Y O Z Z R I W
 E E E E
 V J J Z E I K W Y D P Z S T U D W I Z W S R
 I A N J A O A V I A V O A S W O B V B W N O
 A N P L W W C P S W O B V B W .

FREQUENCY

W	Z	I	O	V	A	L	P	S	Y	J	K	R	B	D	N	T	E	C	G	U
19	16	12	9	8	7	6	6	6	6	5	5	5	4	4	4	3	2	1	1	1
15%	12%	9%	7%	6%	5%	5%	5%	5%	5%	4%	4%	4%	3%	3%	3%	2%	2%	1%	1%	1%

CIPHER KEY

A	B	C	D	E	G	I	J	K	L	N	O	P	R	S	T	U	V	W	Y	Z
																				E

- Thich Nhat Hanh

NOTES

Answer Key – Cryptograms

Solve before peeking. Full solutions below.

01 BREATHING IN I CALM BODY AND MIND BREATHING OUT I SMILE WROTE OLD THICH NHAT HANH LONG AGO IN HIS BOOK
PEACE IS EVERY STEP LONG AGO IN VIETNAM LONG AGO.

– Thich Nhat Hanh

02 BECAUSE YOU ARE ALIVE EVERYTHING IS POSSIBLE WROTE OLD THICH NHAT HANH LONG AGO IN HIS BOOKS LONG AGO IN
VIETNAM IN THE TWENTIETH CENTURY LONG AGO LONG AGO LONG AGO LONG AGO.

– Thich Nhat Hanh

03 PEOPLE HAVE A HARD TIME LETTING GO OF THEIR SUFFERING OUT OF A FEAR OF THE UNKNOWN THEY PREFER SUFFERING
THAT IS FAMILIAR WROTE OLD THICH NHAT HANH LONG AGO.

– Thich Nhat Hanh

04 TO BE BEAUTIFUL MEANS TO BE YOURSELF YOU DO NOT NEED TO BE ACCEPTED BY OTHERS YOU NEED TO ACCEPT
YOURSELF WROTE OLD THICH NHAT HANH LONG AGO IN HIS BOOKS LONG AGO.

– Thich Nhat Hanh